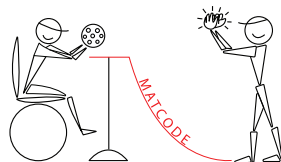




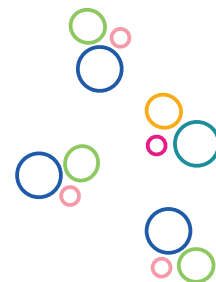
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MATCODE AMBASSADOR

MICHAL DOLINSKÝ



Michal Dolinský (18 years old) is a MATP (Motor Activity Training Program) athlete of Special Olympics Slovakia since 2019. Since 2023 he has become an Ambassador in the international Erasmus + project supported by the EU.

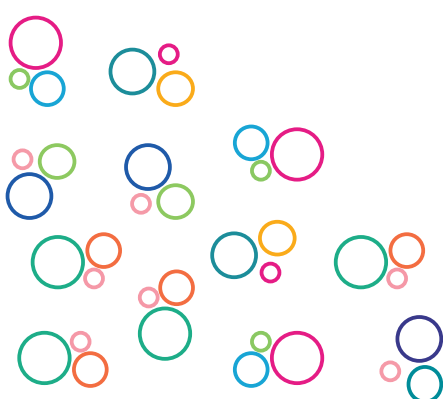
Michal's sports career started during the first ever MATP training camp in Zvolen, which was attended by Eleni Rossides, MATP certified trainer for Special Olympics International. During this week Michal tried different types of motor exercises from grips, throws, mobility, kicks, and bounces. However, the motor skills he enjoyed the most were on his wheelchair such as driving between the cones or driving on the inclined platform.

In 2019, Michal's father constructed a bicycle with customized assist wheels and an assist bar behind the bicycle to control it by an adult or Unified partner or volunteer. Michal rode it for two years.

In 2020, Michal at his modified bike attended for the first time the Special Olympics Slovak Cycling Championships, where he won two gold medals in the MATP category.



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In 2022, Michal's dream came true when his father gave him a tandem bicycle. That's two riders on one bike. Michal sits as the first rider and his father and coach in one person as the second. With a secure strap and seat and adjusted grips on the pedals, Michal is able to enjoy riding on tandem bike for longer periods of time and more kilometres.

In 2023, Michal and his father took part in the 5km and 10km races on a tandem bike at the Special Olympics Slovak Cycling Championship. They won gold medals in both events in the MATP category.

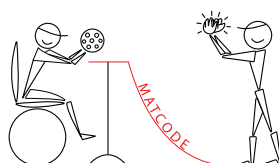
Michal Dolinský is a great role model for all MATP athletes in Slovakia. His desire to engage in sports and improve is visible on his face, in his movements, and in his successes. Thanks go to his parents, Ivanka and Miroslav, for their honest guidance in regular sports activities.

Father Miroslav about Michal. "Michal likes movement and sports. Regular training gives Michal a sense of responsibility in preparation, which leads to the desire to win. Sports activity should be an essential part in the lives of these children. And it is up to us parents in what direction we take our child. Movement develops all the senses and gives every individual a sense of achievement. We are proud of Michal as parents, and despite his disadvantages, we can boast of his outstanding sports achievements."

We Love Special Olympics Slovakia. THANK YOU MATCODE.



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